

**REPORT/RECOMMENDATION TO THE BOARD OF SUPERVISORS
OF SAN BERNARDINO COUNTY, CALIFORNIA
AND RECORD OF ACTION**

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May 4, 2004

FROM: JAMES A. FELTEN, Public Health Director
Department of Public Health

**SUBJECT: CONTRACT AMENDMENT WITH THE STATE DEPARTMENT OF HEALTH
SERVICES FOR PREVENTIVE HEALTH CARE FOR THE AGING**

RECOMMENDATION: Approve Amendment #1 to State Contract No. 03-75375 (County Agreement No. 03-1181) which increases the total contract by \$34,800, from \$186,426 to \$221,226, for the period October 1, 2003 through June 30, 2006.

BACKGROUND INFORMATION: Approval of this item will allow the Department of Public Health to receive increased funding in the amount of \$34,800 to support the Preventive Health Care for the Aging (PHCA)-Nutrition Education Program in San Bernardino County from October 1, 2003 through September 30, 2005, as detailed in the chart below.

| | Original Amount | Amendment #1 Amount | Revised Amount |
|-------------------|--------------------|------------------------|-------------------|
| Fiscal Year 03-04 | \$62,142 | \$12,826 | \$74,968 |
| Fiscal Year 04-05 | 62,142 | 17,730 | 79,872 |
| Fiscal Year 05-06 | 62,142 | 4,244 | 66,386 |
| Total | \$186,426 | \$34,800 | \$221,226 |

On November 18, 2003, the Board approved the PHCA State contract No. 03-75375 for July 1, 2003 through June 30, 2006. The California Nutrition *Network* of the Chronic Disease and Injury Control Branch of the State Department of Health Services awarded the State PHCA program a two-year contract to provide nutrition education to non-institutionalized seniors age 55 and over. From the State award the San Bernardino County Public Health Department PHCA program is receiving a total award of \$34,800 to support PHCA-Nutrition Education Program (NEP) activities beginning October 1, 2003 of FY 03-04, FY 04-05 and through September 30, 2005 of FY05-06.

Through the PHCA-NEP program, the Department will:

- Each year, reach 1000 low income seniors age 55 years and over Countywide with nutrition education messages: consume 5-9 servings of fruits and vegetables daily; participate in 30 minutes of moderate physical activity daily; and participate in USDA nutrition assistance programs available in the community (including Food Stamps, senior meal programs, home delivered meals, etc.)

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- Each year, 210 of the 1000 low-income seniors aged 55 years and over, will receive 5 a Day Campaign nutrition education information along with information about Food Stamps and other senior meal programs.
- Each year, staff will provide at least 1 group nutrition class, 2 "Ask About Nutrition" events and participate in 2 local health fairs.

This item is being presented at this time, as information on the contract not received from the State until April 12, 2004.

REVIEW AND APPROVAL BY OTHERS: This item has been reviewed by County Counsel (Charles Larkin, Deputy County Counsel, (909) 387-4177) on April 21, 2004. This item has also been reviewed by County Administrative Office (Beatriz Valdez, Administrative Analyst, (909) 388-0211) on April 26, 2004.

FINANCIAL IMPACT: The FY 2003/04 award increase is \$12,826, the FY 2004/05 award increase is \$17,730, and the FY 2005/06 award increase is \$4,244 for a total of \$34,800. This award imposes no local County cost. There are sufficient appropriations and revenue in the Public Health's 2003-04 budget to absorb this revenue increase. The department will include appropriations and revenues of \$79,872 and \$66,386 in the 2004-05 and 2005-06 budget respectively.

COST REDUCTION REVIEW: The County Administrative Office has reviewed this agenda item and concurs with the Department's request to approve this contract. This action results in no additional cost to the County and will provide financial assistance to San Bernardino County residents age 55 and over.

SUPERVISORIAL DISTRICT(S): All

PRESENTER: James A. Felten, Public Health Director, (909) 387-9146